



热风膏

RE FENG GAO

技术支持: 安徽德正堂药业集团有限公司中医药非物质文化遗产保护单位

Technical support: Anhui Dezhengtang Pharmaceutical Group Co., Ltd., a Traditional Chinese Medicine Intangible Cultural Heritage Protection Unit.

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◇ 热风膏的成分与特性 Ingredients and properties of MO SHU SI RE FENG GAO

主要成分分析 Main ingredient analysis

含有多重中草药提取物，具有消炎镇痛的效果。能迅速产生热感，促进血液循环。

质地柔软，易于涂抹和吸收。

Contains multiple herbal extracts with anti-inflammatory and pain-relieving effects. It can quickly produce a warming sensation and promote blood circulation. The texture is soft, making it easy to apply and absorb.

热风膏的发热原理 MO SHU SI RE FENG GAO Relief Balm

通过植物成分与皮肤接触产生热量。

热量有助于促进药物成分的渗透和吸收。

温热感可以缓解肌肉紧张和关节疼痛。

Heat is generated when plant-based ingredients come into contact with the skin. This heat helps promote the penetration and absorption of the active ingredients. The warming sensation may help relieve muscle tension and joint pain.

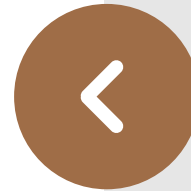
热风膏的透皮吸收效果 Transdermal absorption effect of MO SHU SI RE FENG GAO

经皮肤吸收，直接作用于患处。

提高药物利用率，减少副作用。

加快疼痛部位的血液循环，促进自愈。

It is absorbed through the skin and acts directly on the affected area. It improves drug utilization and helps reduce side effects. It accelerates blood circulation in the painful area and promotes the body's natural healing process.





热风膏在关节疼痛中的应用

Application of MO SHU SI RE FENG GAO in joint pain



热风膏的作用机理

Mechanism of action of Heat Relief Balm

1

关节疼痛的常见类型
骨关节炎，关节退化导致的疼痛。类风湿性关节炎，自身免疫系统引起的关节炎症。扭伤或劳损引起的急性关节疼痛。

Common types of joint pain:
Osteoarthritis – pain caused by joint degeneration.
Rheumatoid arthritis – joint inflammation caused by an autoimmune response.
Acute joint pain caused by sprains or overuse injuries.

2

通过热敷减轻关节疼痛。中草药成分发挥消炎镇痛作用。改善关节周围的血液循环，提供营养。

It helps relieve joint pain through a warming compress effect. The herbal ingredients provide anti-inflammatory and pain-relieving effects. It also improves blood circulation around the joints and supports nutrient delivery.

3

临床应用案例分享

案例1：50岁女性，骨关节炎患者，使用热风膏后疼痛明显缓解。案例2：38岁男性，类风湿性关节炎患者，热风膏辅助治疗后关节炎症得到控制。案例3：45岁女性，运动损伤导致的关节扭伤，热风膏减轻了急性疼痛。

Clinical case sharing:
Case 1: A 50-year-old female with osteoarthritis experienced significant pain relief after using Heat Relief Balm.
Case 2: A 38-year-old male with rheumatoid arthritis had his joint inflammation better controlled after using Heat Relief Balm as an adjunct treatment.
Case 3: A 45-year-old female with a joint sprain caused by sports injury experienced reduced acute pain after using Heat Relief Balm.

◆ 热风膏的使用方法与注意事项 Usage instructions and precautions for MO SHU SI RE FENG GAO.



正确使用热风膏的步骤

清洁患处，干燥皮肤。取适量热风膏涂抹于疼痛区域。轻轻按摩，直至热风膏被皮肤吸收。

Proper steps for using MO SHU SI RE FENG GAO:

Clean and dry the affected area.

Apply an appropriate amount of Heat Relief Balm to the painful area.

Gently massage until the balm is fully absorbed by the skin.

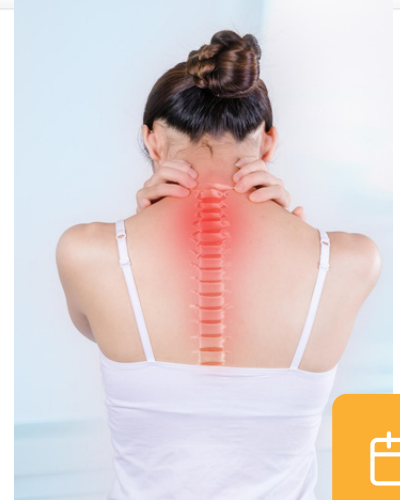


热风膏的使用频率与剂量

一般情况下，每日使用1-2次。针对严重疼痛，可适当增加使用次数，但不超过医生建议。初始使用时，建议先测试皮肤对热风膏的耐受性。

Frequency and dosage of MO SHU SI RE FENG GAO:

Generally, use 1-2 times per day. For more severe pain, the frequency may be increased appropriately, but should not exceed the doctor's recommendation. When using for the first time, it is advised to test skin tolerance to the Heat Relief Balm first.



可能的不适反应与处理方法

皮肤过敏：如有轻微过敏反应，应立即停用，并咨询医生。过热感：如果感到过热不适，应清洗患处，避免长时间接触。皮肤刺激：如出现严重刺激或红疹，应停止使用，并寻求医生帮助。

Possible adverse reactions and management:
Skin allergy: If a mild allergic reaction occurs, discontinue use immediately and consult a doctor.

Excessive heat sensation: If you feel uncomfortably hot, wash the affected area and avoid prolonged contact. Skin irritation: If severe irritation or rash occurs, stop using the product and seek medical assistance.

热风膏的短期疗效



01 疼痛程度的缓解

迅速减轻关节疼痛感持续使用可实现疼痛的明显缓解用户感受到的即刻舒适感

Pain relief effect:

Rapidly reduces joint pain. Continuous use may lead to significant pain relief. Users can experience immediate comfort.

02 关节活动度的改善

增加关节活动的灵活性减少活动时的僵硬和疼痛提高日常生活的活动能力

Improvement in joint mobility:

Enhances joint flexibility, reduces stiffness and pain during movement, and improves daily functional activity.

03 用户使用后的反馈

大多数用户表示满意积极的用户评价和反馈用户推荐给其他疼痛患者

User feedback after use:

Most users reported satisfaction. Positive reviews and feedback were received, and many users recommended it to other patients with pain

热风膏的长期疗效 Long-term effects of MO SHU SI RE FENG GAO

关节炎的控制

有效抑制关节炎的发展减少慢性炎症引起的疼痛改善长期的关节健康

Control of joint inflammation:

Effectively helps inhibit the progression of joint inflammation, reduces pain caused by chronic inflammation, and improves long-term joint health.

01

关节结构的修复

促进关节软骨的再生帮助修复受损的关节组织增强关节的稳定性和耐用性

Joint structure repair:

Promotes the regeneration of articular cartilage, helps repair damaged joint tissues, and enhances joint stability and durability.

02

预防关节疼痛的复发

减少关节疼痛的反复发作长期使用有助于预防疼痛提高生活质量，减少对药物的依赖

Prevention of joint pain recurrence:

Reduces the recurrence of joint pain. Long-term use may help prevent pain, improve quality of life, and reduce dependence on medication.

03



◇ 热风膏与物理疗法的结合 Combination of MO SHU SI RE FENG GAO with physical therapy



热风膏与热敷的联合应用

促进血液循环缓解肌肉紧张加快组织修复

Combined use of MO SHU SI RE FENG GAO and hot compress:
Promotes blood circulation, relieves muscle tension, and accelerates tissue repair.



热风膏与按摩的结合

提高按摩效果促进药物吸收增强关节活动度

Combination of MO SHU SI RE FENG GAO and massage:
Enhances massage effects, improves absorption of the product, and increases joint mobility.

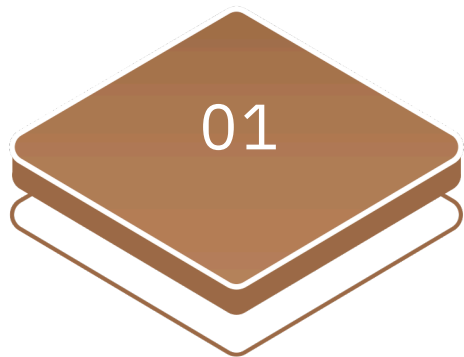


热风膏与运动疗法的配合

减少运动损伤提高运动耐受力促进功能恢复

Coordination of MO SHU SI RE FENG GAO with exercise therapy:
Reduces risk of sports injuries, improves exercise tolerance, and supports functional recovery.

肩关节疼痛的热风膏治疗 MO SHU SI RE FENG GAO treatment for shoulder joint pain



01

肩关节疼痛的诊断

通过对肩关节活动范围的评估通过影像学检查确定病因结合临床症状进行综合判断

Diagnosis of shoulder joint pain:
Assessment of shoulder range of motion, identification of the underlying cause through imaging examinations, and comprehensive evaluation based on clinical symptoms.

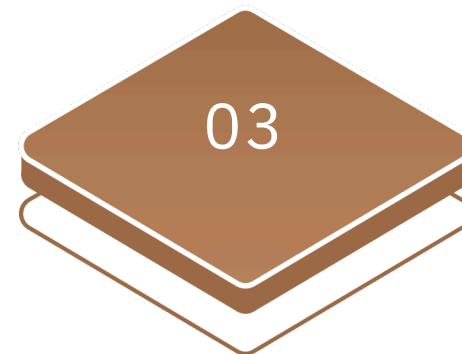


02

肩关节疼痛的热风膏应用方案

选择具有舒筋活络作用的热风膏局部热敷结合体外冲击波治疗治疗周期为每周一次，持续六周

MO SHU SI RE FENG GAO application plan for shoulder joint pain:
Select a Heat Relief Balm with properties that help relax muscles and improve circulation. Use local warm application combined with extracorporeal shock wave therapy. The treatment cycle is once per week for six weeks.



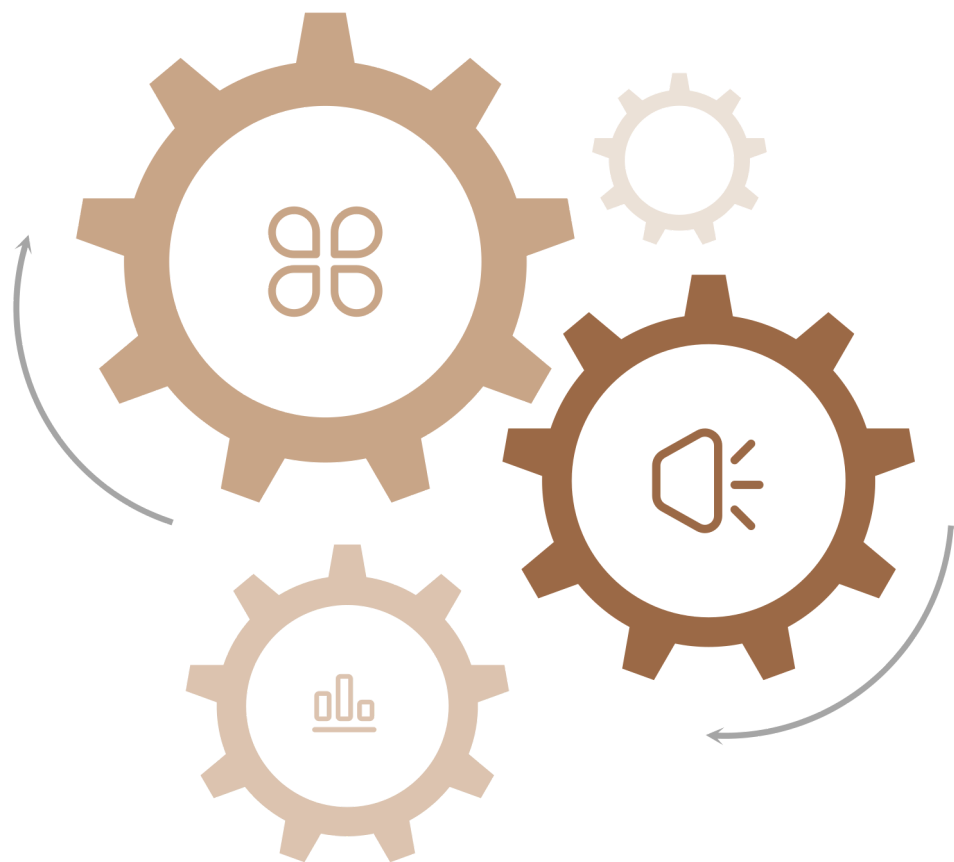
03

肩关节疼痛的康复训练

进行关节松动训练实施力量训练和耐力训练开展功能性恢复训练

Rehabilitation training for shoulder joint pain:
Perform joint mobilization exercises, implement strength and endurance training, and carry out functional recovery exercises.

热风膏的优势分析 Advantages analysis of MO SHU SI RE FENG GAO



- **安全无副作用 Easy to use**
成分天然，减少过敏反应经过临床试验，证实无明显副作用对皮肤温和，适合长期使用
Easy to apply and suitable for self-administration by patients. No complex medical equipment is required, making it widely accessible. Its transparent texture does not affect daily activities after application.
- **操作简便 Cost-effective**
涂抹方便，易于患者自行操作不需复杂医疗设备，便于普及透明质地，涂抹后不影响日常活动
Relatively low production cost, suitable for large-scale manufacturing. The amount used is controllable and economical, making long-term use cost-efficient.
- **经济实惠 Safe with minimal side effects**
相对较低的成本，便于大规模生产涂抹量可控，用量相对节省长期使用也能保持经济性
Made with natural ingredients, reducing the risk of allergic reactions. Clinical tests have shown no significant side effects. It is gentle on the skin and suitable for long-term use.



热风膏的局限性与改进方向

Limitations and improvement directions of MO SHU SI RE FENG GAO

热风膏的疗效局限 Therapeutic limitations of MO SHU SI RE FENG GAO
针对急性疼痛效果更显著，慢性疼痛效果有限部分患者反馈疼痛缓解程度不够理想可能因个体差异，疗效存在差异
It shows more noticeable effects on acute pain, while its effectiveness on chronic pain is relatively limited. Some patients report that pain relief is not ideal, which may be due to individual differences, leading to variations in efficacy.

产品改良与研发方向 Product improvement and R&D directions
增强配方，提高疼痛缓解效果研究不同病症下的适用性和效果探索与其他疗法的结合应用

Enhance the formulation to improve pain relief effects. Study its suitability and effectiveness for different conditions, and explore combined applications with other therapies.

未来发展趋势与展望 Future development trends and prospects
结合现代科技，开发新型热风膏产品拓展应用范围，治疗更多相关疾病增强市场普及率，提高用户认可度

Integrate modern technology to develop new types of Heat Relief Balm products, expand application scope to treat more related conditions, and increase market adoption and user acceptance.





谢谢观看

Thank you for watching.

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