



康体霜

BODY CREAM

产品开发理念 Product Development Concept

基于现代生物科技

Based on modern biotechnology

康体霜的研发依托于先进的生物科技，旨在通过科学配方调节人体激素水平。

The development of the body cream is based on advanced biotechnology, aiming to regulate the body's hormone levels through scientific formulations.

应对荷尔蒙失衡问题

Addressing hormonal imbalance issues

随着生活压力增大，许多人面临荷尔蒙失衡的困扰，该产品旨在帮助用户恢复荷尔蒙平衡，提高生活质量。

With increasing life stress, many people face hormonal imbalance issues. This product is designed to help users restore hormonal balance and improve their quality of life.

安全性与效能并重

Safety and effectiveness are equally emphasized.

在研发过程中，我们注重产品的安全性和有效性，确保用户在享受产品带来的益处时，无需担心副作用。

During the research and development process, we focus on the safety and effectiveness of our products, ensuring that users can enjoy the benefits without worrying about any side effects.



产品背景与定位

Product Background and Positioning

目标消费群体 Target consumer group



中年人群
Middle-aged group

随着年龄的增长，
荷尔蒙水平逐渐下降，
中年人群是该产品的主要受众。
As people age, hormone levels gradually decline,
making middle-aged individuals the primary
target audience for this product.



高压职业人群
High-pressure professionals

长期处于高压工作环境的人群，
如企业高管、金融从业者等，
他们往往面临更大的
荷尔蒙失衡风险。
People who work in high-pressure environments,
such as corporate executives and finance
professionals, often face a higher risk of
hormonal imbalance.



健康意识强的人群
Health-conscious individuals

注重健康、
追求生活品质的人群，
他们更倾向于选择天然、
安全的健康产品。
People who value health and
pursue a quality lifestyle
tend to choose natural and
safe health products.

品牌形象与价值观 Brand Image and Values

专业可靠

Professional and reliable

以专业的研发团队和科学配方为基础，打造可信赖的康体霜品牌。

Built on a professional R&D team and scientific formulations, we create a trustworthy body cream brand.

时尚前沿

Fashion-forward

紧跟时尚潮流，引领康体霜市场的发展趋势，满足消费者对美的追求。

Keeping up with fashion trends and leading the development of the body cream market, we meet consumers' pursuit of beauty.

顾客至上

Customer first

始终将顾客需求放在首位，致力于提供优质的产品和服务，让消费者满意。

We always put customers' needs first, striving to provide high-quality products and services that ensure customer satisfaction.



主要成分 Main Ingredients



狄茅草提取物

mpinata Cylindrica Root Extract

简介 Introduction

狄茅草又称野山药，薯蓣科多年生藤蔓植物，常见于墨西哥，美国，加拿大，南美洲，中国、日本等地。药食同源，药用史悠久。可用于治疗经前综合症、痛经和更年期综合症等女性生殖系统相关问题。应用普遍的丰胸剂，有益于乳房组织的健康。

Dioscorea villosa, also known as wild yam, is a perennial vine belonging to the Dioscoreaceae family. It is commonly found in Mexico, the United States, Canada, South America, China, Japan, and other regions. Recognized as both a medicinal and edible plant, it has a long history of medicinal use. It can be used to treat female reproductive system-related conditions such as premenstrual syndrome (PMS), menstrual pain, and menopausal syndrome. Widely used in breast enhancement formulations, it is beneficial to the health of breast tissues.

主要活性成分 Main Active Ingredients

主要活性成分为甾体皂苷，以薯蓣皂苷元和薯蓣皂苷为主。另外也含有生物碱（微量）、单宁类、植物甾醇类、以及粘液等成分

The main active components are steroidal saponins, primarily diosgenin and dioscin. In addition, it also contains alkaloids (in trace amounts), tannins, phytosterols, and mucilage.



狄苇草提取物作用机理

Mechanism of Action of Imperata Cylindrica Extract

丰胸作用机理

Mechanism of Breast Enhancement

- **薯蓣皂苷属于植物雌激素，与人体孕酮结构非常相似**
Dioscin is a type of phytoestrogen whose structure is very similar to that of human progesterone.
- **外用于胸部、大腿内侧、腹部等部位,很容易经皮吸收，并在胸部积累**
When applied externally to areas such as the breasts, inner thighs, and abdomen, it is easily absorbed through the skin and tends to accumulate in the breast area.
- **可竞争性地与乳房细胞中的雌激素受体结合，发挥微弱的雌激素效应，减少真正雌激素与受体结合所产生的副作用**
It can competitively bind to estrogen receptors in breast cells, exert a mild estrogenic effect, and reduce the side effects caused by the binding of natural estrogen to the receptors.



狄苇草提取物功效 Efficacy of Imperata Cylindrica Extract

01. 使脂肪细胞体积增大，令胸部更丰满，更挺翘圆润
Increases the size of fat cells, making the breasts fuller, firmer, and more rounded.

02. 缓解痛经、更年期和经前期综合征等多种症状
Relieves various symptoms such as dysmenorrhea, menopause, and premenstrual syndrome (PMS).

03. 目前荻苇草精华已通过美国FDA认证，被医学界称为“自体荷尔蒙疗法”，并已被引用在化妆品领域中，使欧美几千万妇女解除了由于内分泌失调引起的各种皮肤的问题，就根据这个提炼制成了狄苇草平衡霜，这类化妆品疗法一经问世就风靡了全球，就连麦当娜、罗伯茨这样的国际巨星也把这类化妆品疗法作为永葆青春延缓衰老的必备品。

At present, *Dioscorea villosa* (Wild Yam) extract has been approved by the U.S. FDA and is recognized in the medical field as a form of natural hormone therapy. It has been widely applied in the cosmetics industry, helping millions of women in Europe and the United States overcome various skin problems caused by hormonal imbalance. Based on this ingredient, Imperata Cylindrica Balancing Cream was developed. Since its introduction, this type of cosmetic therapy has become a global sensation—even international stars such as Madonna and Julia Roberts regard it as an essential product for maintaining youth and delaying aging.



番红花提取物成分特点

Characteristics of Saffron Extract Ingredients

皮肤调理 Skin Conditioning

番红花提取物能有效抑制氧自由基及黄嘌呤氧化酶的活性，强化肌肤屏障，促进皮肤新陈代谢，抑制黑色素沉积，增强皮肤抵抗力和抗光老化能力。

Saffron extract can effectively inhibit free radicals and xanthine oxidase activity, strengthen the skin barrier, promote skin metabolism, suppress melanin deposition, and enhance the skin's resistance and anti-photoaging ability.

抗衰老 Anti-aging

番红花提取物具有显著的抗氧化生物活性，能够清除自由基，促进皮肤新陈代谢，有助于抵抗环境中的氧化压力和延缓皮肤衰老。

Saffron extract possesses remarkable antioxidant bioactivity, helping to eliminate free radicals, promote skin metabolism, and combat oxidative stress from the environment, thereby delaying skin aging.

舒缓抗炎 Soothing and Anti-inflammatory

通过促进天然保湿分子的形成，改善角质层的保湿性和降低皮肤的经皮失水率，为肌肤增加弹性和水分，保持肌肤水润动人。改善皮肤血液循环，加快皮肤屏障修复，对多种皮炎有治疗作用，通过阻断NF-κB信号通路的激活来降低皮肤炎症反应。

By promoting the formation of natural moisturizing molecules, it improves the moisture retention of the stratum corneum and reduces transepidermal water loss (TEWL), increasing skin elasticity and hydration to keep the skin smooth and radiant. It also enhances skin blood circulation, accelerates the repair of the skin barrier, and has therapeutic effects on various types of dermatitis. Furthermore, it reduces skin inflammatory responses by blocking the activation of the NF-κB signaling pathway.

薰衣草精油成分简介

Introduction to Lavender Essential Oil Components

薰衣草精油来源

Source of Lavender Essential Oil

薰衣草精油是由薰衣草提炼出来的，富含多种活性成分，被广泛应用于化妆品领域。
Lavender essential oil is refined from lavender, rich in various active ingredients, and widely used in the field of cosmetics.

主要成分分析

Main Component Analysis

薰衣草精油中主要包含薰衣草酮、薰衣草油醇、芳樟醇等，这些成分具有良好的抗炎、抗菌及抗氧化作用。
Lavender essential oil mainly contains lavandulone, lavandulol, linalool, and other components, which have good anti-inflammatory, antibacterial, and antioxidant effects.

促进肌肤细胞再生

Promotes skin cell regeneration

薰衣草是具有修复细胞组织的效果，促进新生，有着很好的抗老效果，经常使用能够减少炎症敏感。

Lavender has the effect of repairing cell tissues, promoting regeneration, providing good anti-aging effects, and regular use can reduce inflammation and sensitivity.

镇静肌肤

Soothing the skin

薰衣草精油还具有镇静肌肤的效果，能够平复肌肤敏感、躁动，使肌肤恢复稳定状态。

Lavender essential oil also has a soothing effect on the skin, helping to calm sensitivity and irritation, restoring the skin to a stable condition.

抗炎作用显著

Significant anti-inflammatory effect

薰衣草精油具有肌肤美白、淡斑淡痕，镇静肌肤的效果，其较强的杀菌消炎效果能够渗入毛囊清除痘痘细菌，针对粉刺、痤疮、青春痘等肌肤问题具有很好的促进细胞再生作用，辅助受损细胞修护，淡化痘印、痘坑，抑制细菌再次滋生，给予皮肤一个健康无菌的环境

Lavender essential oil has skin-whitening, spot- and scar-fading, and soothing effects. Its strong antibacterial and anti-inflammatory properties allow it to penetrate hair follicles and remove acne-causing bacteria. It has an excellent effect on promoting cell regeneration for skin problems such as pimples, acne, and breakouts, helps repair damaged cells, fades acne marks and scars, inhibits the regrowth of bacteria, and provides the skin with a healthy, sterile environment.

作用机制解析

Mechanism of Action Analysis



咖啡因概述

Caffeine Overview

咖啡因是一种黄嘌呤生物碱化合物，主要存在于咖啡树，茶树，瓜拉纳等植物。纯的咖啡因是白色的，强烈苦味的粉状物。

Caffeine is a xanthine alkaloid compound mainly found in plants such as coffee trees, tea trees, and guarana. Pure caffeine is a white, powdery substance with a strong bitter taste.

咖啡因是一种植物在自然进化中产生的防御素，是存在于植物中的天然的驱虫剂。

Caffeine is a defensive substance produced by plants through natural evolution and is a natural insect repellent found in plants.

咖啡因是一种中枢神经兴奋剂，具有提神作用，是目前世界上最普遍使用的功能性原料之一。

Caffeine is a central nervous system stimulant with refreshing effects and is one of the most commonly used functional ingredients in the world today.





咖啡因及功效

Caffeine and Its Effects

消脂:咖啡因通过抑制磷酸二酯酶加速脂肪分解从而达到消脂作用。

Fat burning: Caffeine accelerates fat breakdown by inhibiting phosphodiesterase, thereby achieving a fat-burning effect.

促进血液微循环:咖啡因有被验证的促进局部的新陈代谢的功效,有助于缓解水肿和黑眼圈。

Promoting blood microcirculation: Caffeine has proven effects in promoting local metabolism, which helps reduce swelling and dark circles.

抗氧化:咖啡因是羟自由基(OH)和烷氧基自由基(OCH)的有效清除剂,对于紫外线损伤的人体细胞也有保护功效。

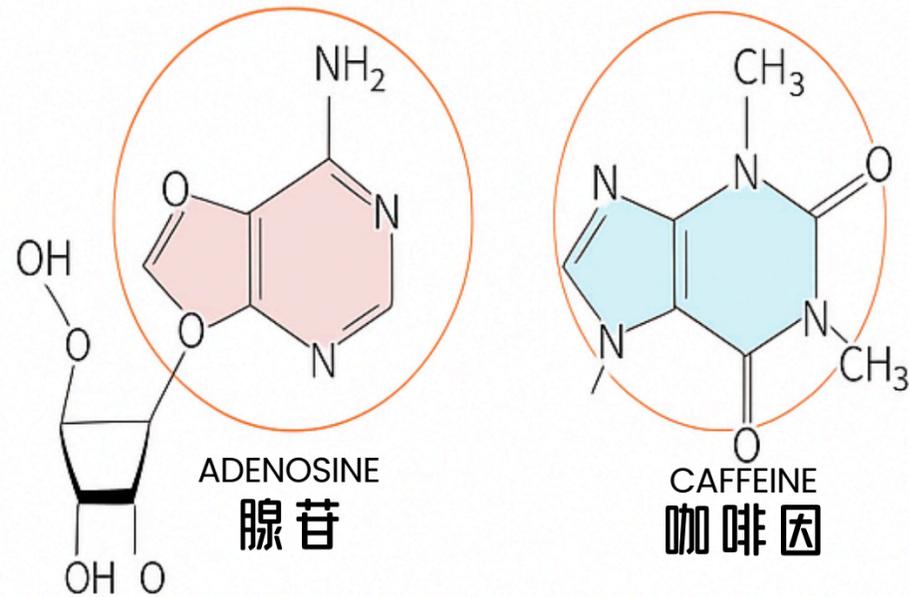
Antioxidation: Caffeine is an effective scavenger of hydroxyl radicals ($\cdot OH$) and alkoxy radicals ($\cdot OCH$), and it also has a protective effect on human cells damaged by ultraviolet radiation.

促进头发生长:咖啡因可抑制5 α -还原酶的活性,使头发恢复生长期;也能通过抑制PDE酶、促进微循环,从而促进头发生长。

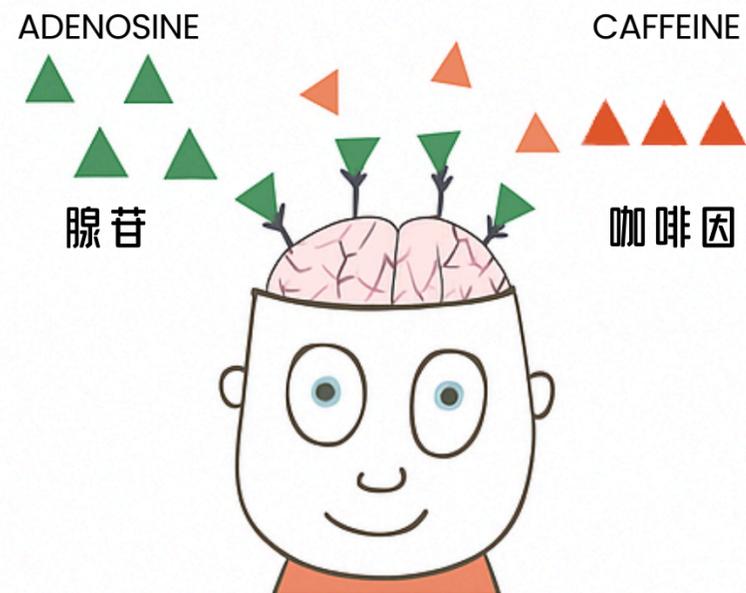
Promoting hair growth: Caffeine can inhibit the activity of 5 α -reductase, helping hair return to the growth phase. It can also promote hair growth by inhibiting PDE enzymes and enhancing microcirculation.

减脂作用机制剖析

Analysis of Fat-Reduction Mechanism



咖啡因在结构上与腺苷相似
Caffeine is structurally similar to adenosine.



1

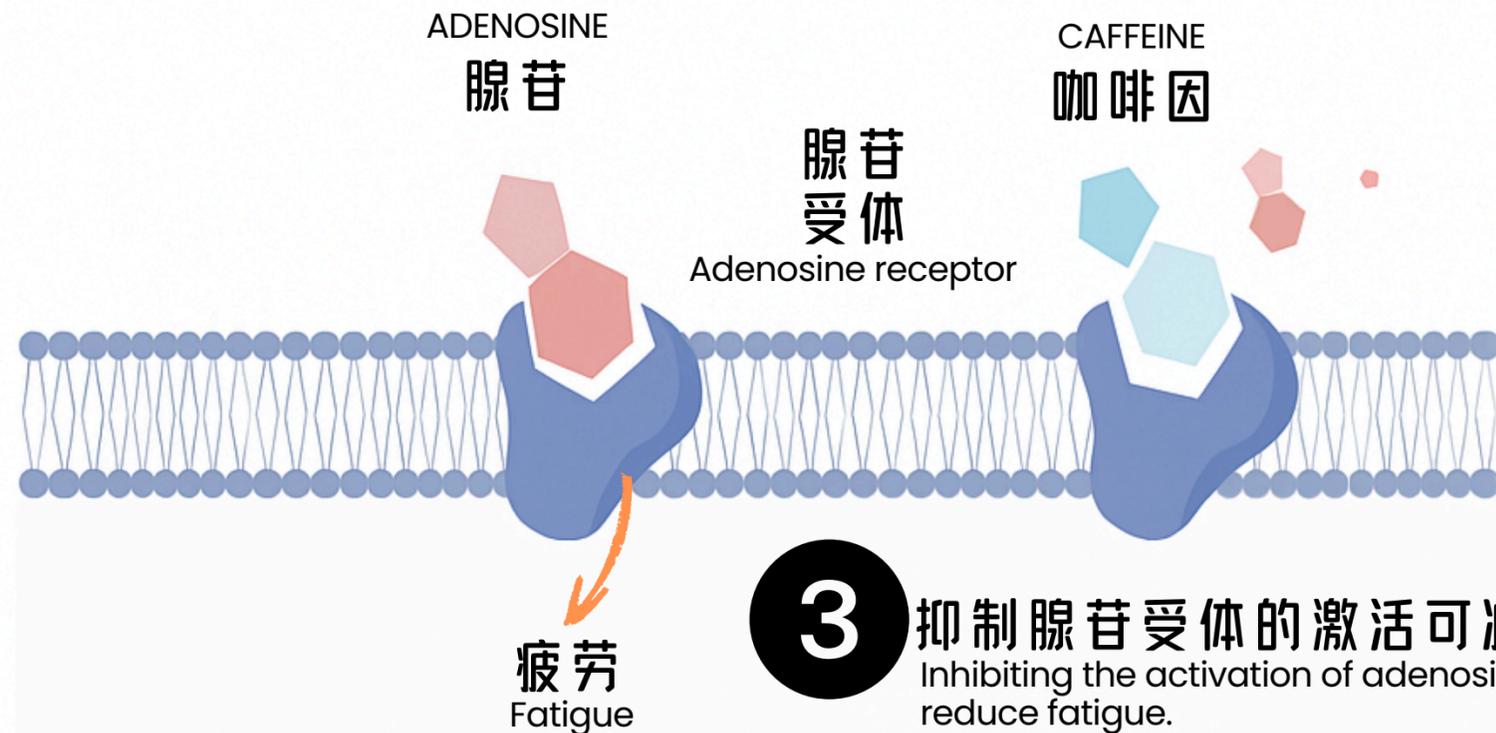
咖啡因在结构上与腺苷相似，腺苷是一种强大的内源性镇静剂。由于其相似的结构，咖啡因可以与腺苷相同的受体位点结合。

Caffeine is structurally similar to adenosine, which is a powerful endogenous sedative. Because of this structural similarity, caffeine can bind to the same receptor sites as adenosine.

2

咖啡因与腺苷争夺受体占位，通常以剂量依赖性方式获胜。这种置换降低了腺苷激活受体的能力。

Caffeine competes with adenosine for receptor occupancy and usually wins in a dose-dependent manner. This displacement reduces adenosine's ability to activate its receptors.



3

抑制腺苷受体的激活可减少疲劳

Inhibiting the activation of adenosine receptors can reduce fatigue.

减脂作用机制剖析

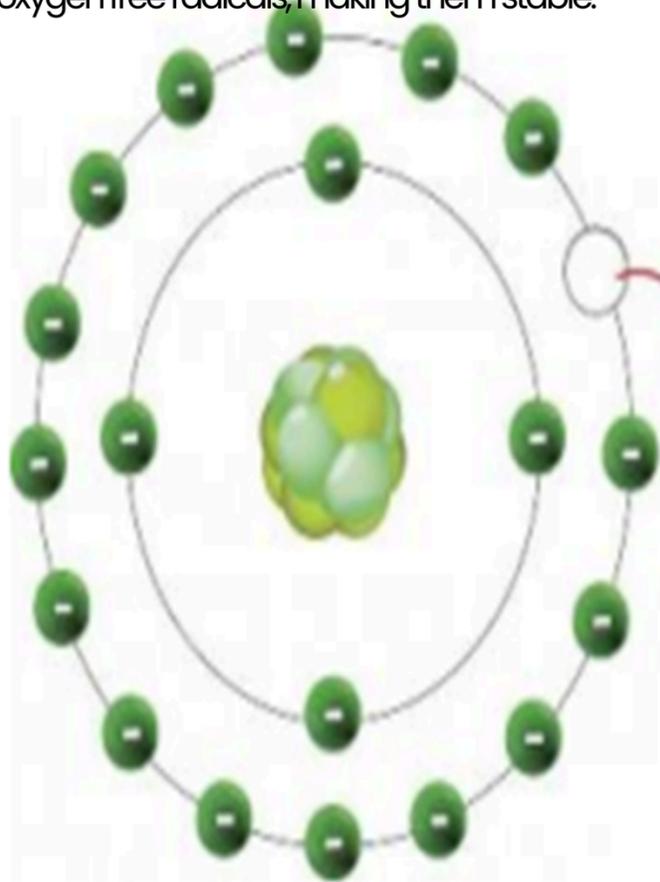
Analysis of Fat-Reduction Mechanism

Antioxidant

抗氧化

抗氧化剂给予氧自由基电子
使其稳定

Antioxidants give electrons to
oxygen free radicals, making them stable.

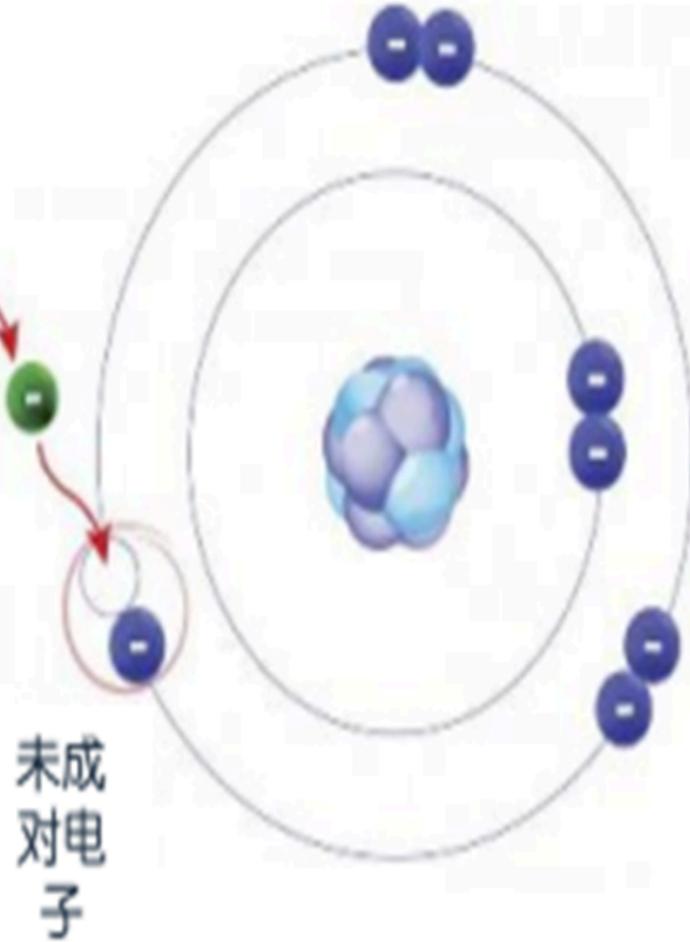


Oxygen free radicals

氧自由基

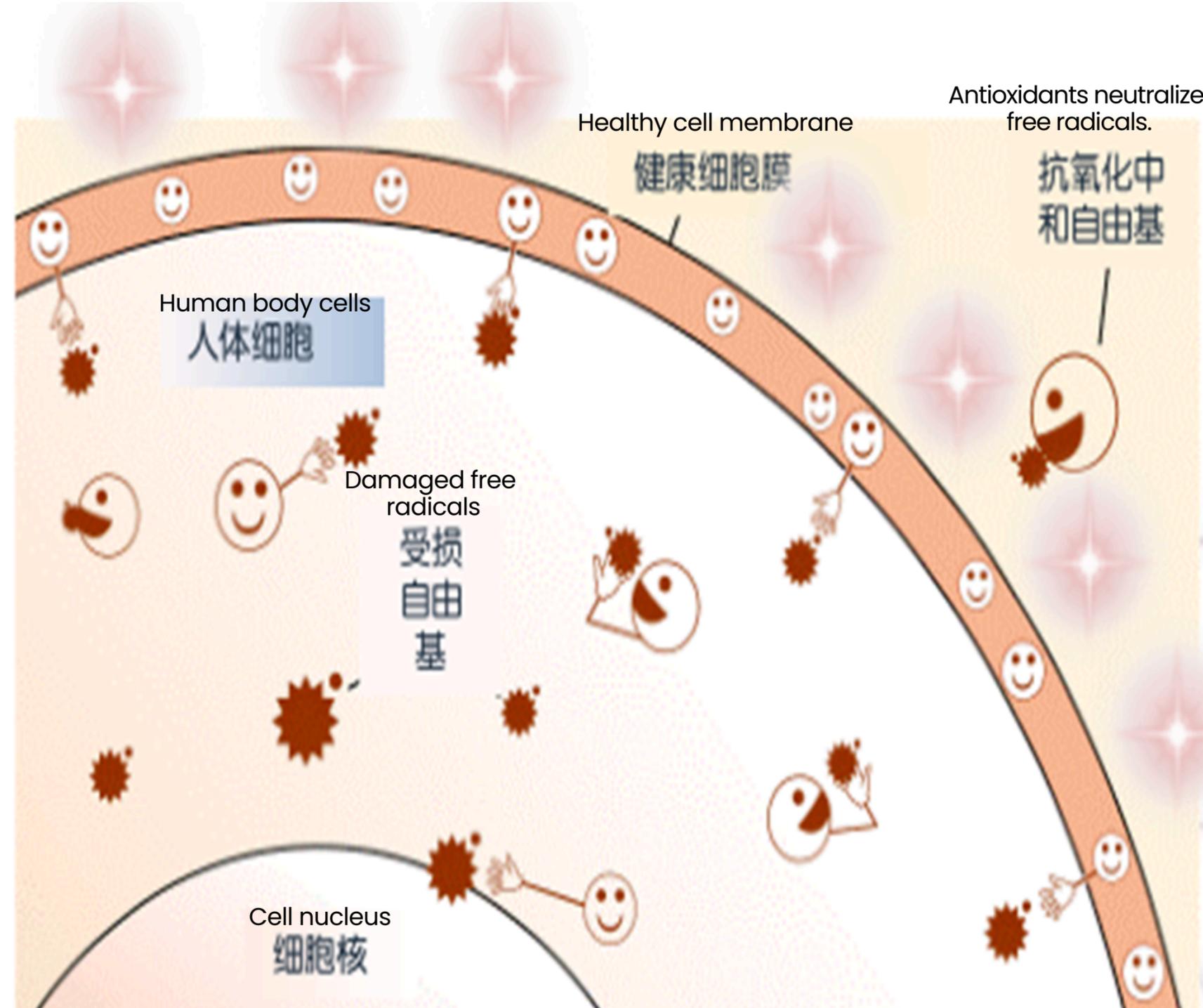
不稳定氧化物存在
未成对电子

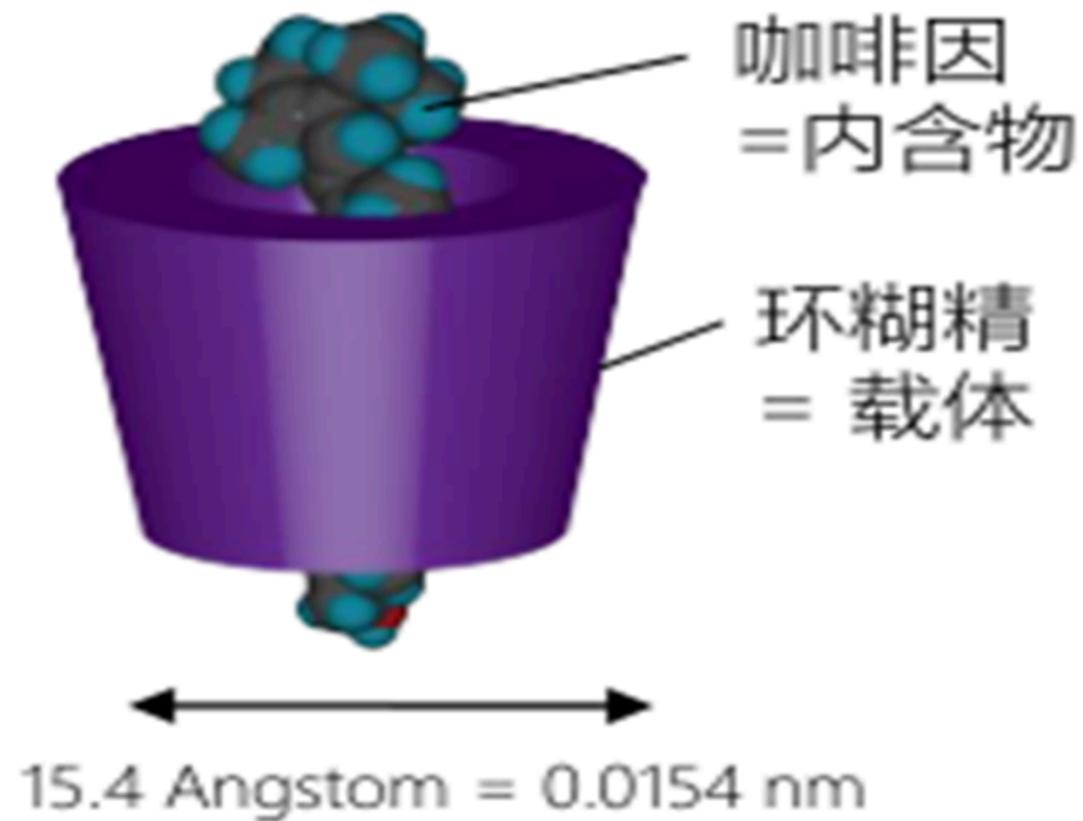
Unstable oxides contain unpaired electrons.



未成对电子

Unpaired electrons





技术优势 Technical advantages

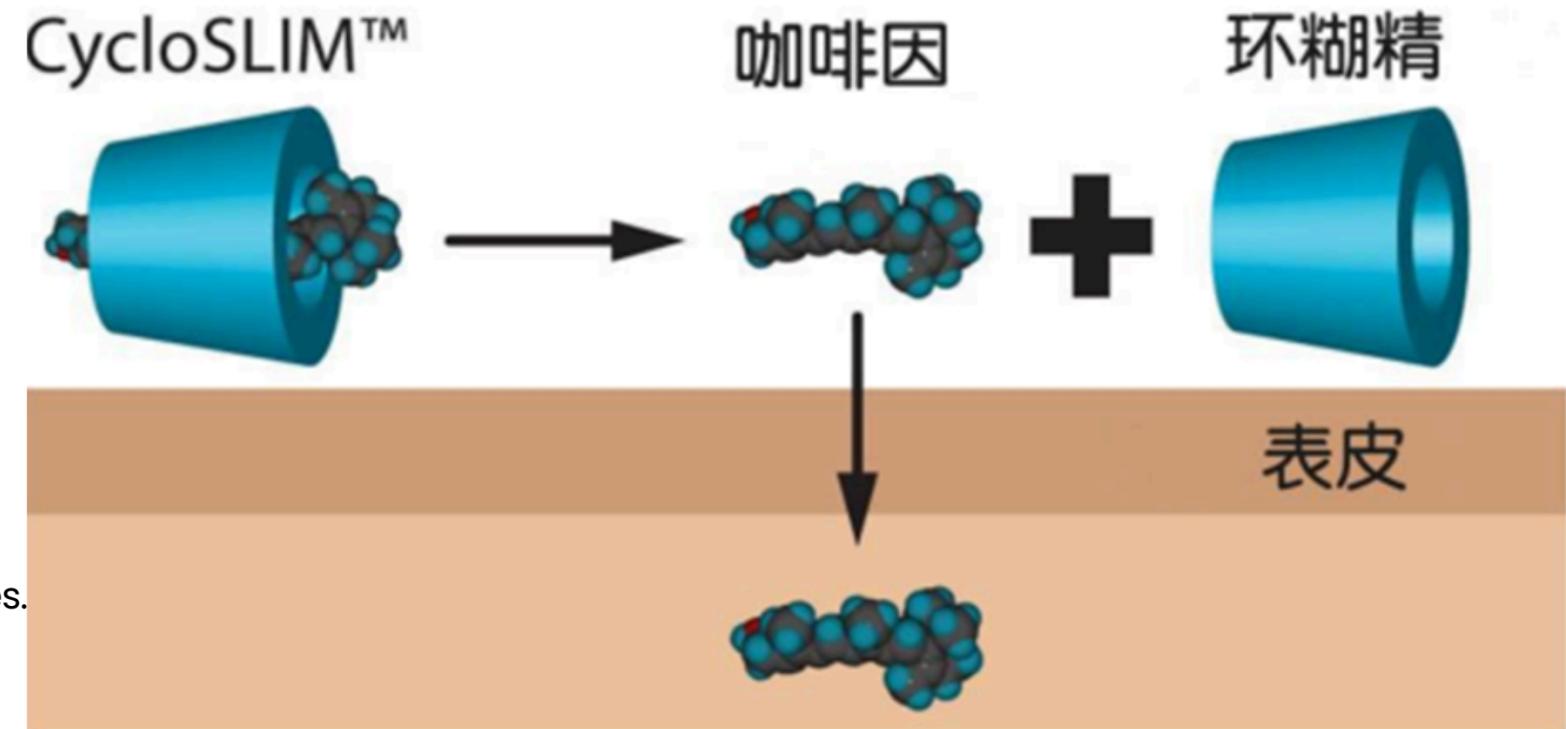
基于CycloXome技术，纳米减脂剂是一种将50%的咖啡因包裹在环糊精中的活性物，具备以下优势：溶解度提高，最高可达到10%；无细胞毒性；由于能够在皮肤上长时间持续缓慢地释放，因此相对于游离咖啡因，生物利用率提高，减肥效果更好。

Based on CycloXome technology, the nano fat-reducing agent is an active substance that encapsulates 50% of caffeine in cyclodextrin. It has the following advantages: increased solubility of up to 10%; no cytotoxicity; and because it can be continuously and slowly released on the skin for a long time, it has higher bioavailability and better slimming effects compared with free caffeine.

释放机理 Release mechanism

当用于皮肤上时，CycloSLIM™中的咖啡因和环糊精之间就会建立起动态的热力学平衡，咖啡因在皮肤表面便形成了一种渐进式的释放机制。采用这种新型纳米传输体系，将活性成分多靶点传输到皮肤基底层，激发人体荷尔蒙。

When applied to the skin, a dynamic thermodynamic equilibrium is established between caffeine and cyclodextrin in CycloSLIM™, resulting in a gradual release mechanism of caffeine on the skin surface. This innovative nano-delivery system delivers the active ingredients to multiple target sites in the basal layer of the skin, stimulating human hormones.



掌叶大黄提取物 Rheum palmatum extract

收敛剂和皮肤调理剂

Astringent and skin conditioning agent

掌叶大黄根提取物在护肤品中主要用作收敛剂和皮肤调理剂，有助于改善皮肤的整体状况。它能促进皮肤血液循环，提升皮肤的通透性，从而增加其他有效成分的吸收率，使皮肤更加健康、有光泽。

Rheum palmatum root extract is mainly used in skincare products as an astringent and skin conditioning agent, helping to improve the overall condition of the skin. It can promote skin blood circulation and enhance skin permeability, thereby increasing the absorption rate of other active ingredients, making the skin healthier and more radiant.

抗氧化作用

Antioxidant effect

掌叶大黄根提取物中的有效成分如大黄素和大黄酚等，具有一定的抗氧化性能，能够抵抗自由基对皮肤的损害，延缓皮肤衰老。同时，它还能促进皮肤细胞的再生和修复，减少疤痕的形成，使皮肤更加光滑、细腻。

The active ingredients in Rheum palmatum root extract, such as emodin and chrysophanol, possess certain antioxidant properties that help resist damage to the skin caused by free radicals and delay skin aging. At the same time, it can promote the regeneration and repair of skin cells, reduce the formation of scars, and make the skin smoother and more delicate.





抑菌作用

Antibacterial effect

掌叶大黄根提取物还具有抑菌作用，能够抑制皮肤表面的微生物滋生，减少肌肤感染的风险。这对于预防和调治皮肤炎症、粉刺等问题具有一定的帮助。

Rheum palmatum root extract also has antibacterial effects, which can inhibit the growth of microorganisms on the skin surface and reduce the risk of skin infections. This is helpful for preventing and treating skin inflammation, acne, and other related problems.

天然抗菌剂

Natural antibacterial agent

掌叶大黄根提取物是优质的天然抗菌剂，其所含蒽醌衍生物可抑制菌体糖及糖代谢中间产物的氧化、脱氢和脱氨，抑制蛋白质和核酸的合成，进而抑制多种细菌、皮肤真菌及流感病毒，对多种革兰氏阳性和阴性细菌也有抑制作用。

Rheum palmatum root extract is a high-quality natural antibacterial agent. Its anthraquinone derivatives can inhibit the oxidation, dehydrogenation, and deamination of bacterial sugars and sugar metabolism intermediates, suppress the synthesis of proteins and nucleic acids, thereby inhibiting various bacteria, skin fungi, and influenza viruses. It also exerts inhibitory effects on a variety of Gram-positive and Gram-negative bacteria.



颈部淋巴排毒功能 Neck lymphatic drainage function

- **疏通经络** Unblock meridians

康体霜能够疏通颈部经络，促进气血运行，缓解颈部疲劳和紧张感。

The wellness cream can help unblock the neck meridians, promote blood and energy circulation, and relieve neck fatigue and tension.

- **软化结节** Soften nodules

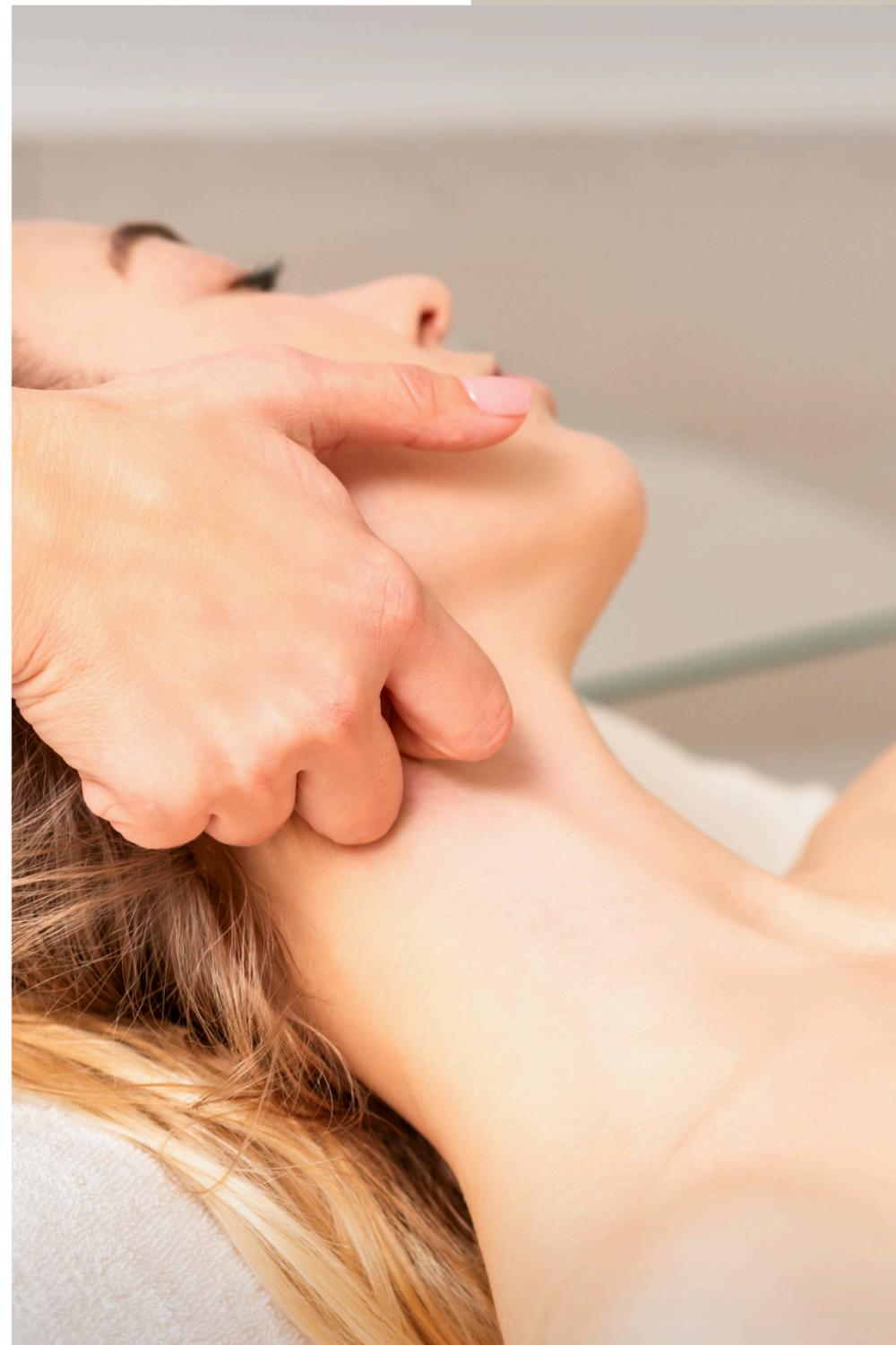
康体霜能够软化颈部结节，改善颈部线条，让颈部看起来更加纤细和美丽。

The wellness cream can soften neck nodules, improve the neck contours, and make the neck appear slimmer and more beautiful.

- **调节内分泌** Regulate endocrine function

康体霜能够调节内分泌，缓解内分泌失调引起的各种症状，如皮肤问题、情绪波动等。

The wellness cream can help regulate endocrine function and alleviate various symptoms caused by hormonal imbalances, such as skin issues and mood swings.



产品功效

Product efficacy

软化结节的原理及效果 Principle and Effects of Nodule Softening

01. 渗透作用 Penetration effect

康体霜中的有效成分能够渗透皮肤深层，作用于结节组织，使其逐渐软化。

The active ingredients in the body cream can penetrate deep into the skin, targeting the nodule tissues and gradually softening them.

02. 促进血液循环 Promote blood circulation

康体霜具有促进血液循环的作用，能够加速结节周围的血液流动，有助于结节的消散。

The body cream promotes blood circulation, accelerating blood flow around the nodules and helping them dissipate.

03. 缓解疼痛 relieve pain

康体霜中的镇痛成分能够缓解因结节引起的疼痛和不适感。

The pain-relieving ingredients in the body cream can alleviate pain and discomfort caused by nodules.

促进淋巴代谢的机制 Mechanism of Promoting Lymphatic Metabolism

渗透作用 Penetration effect

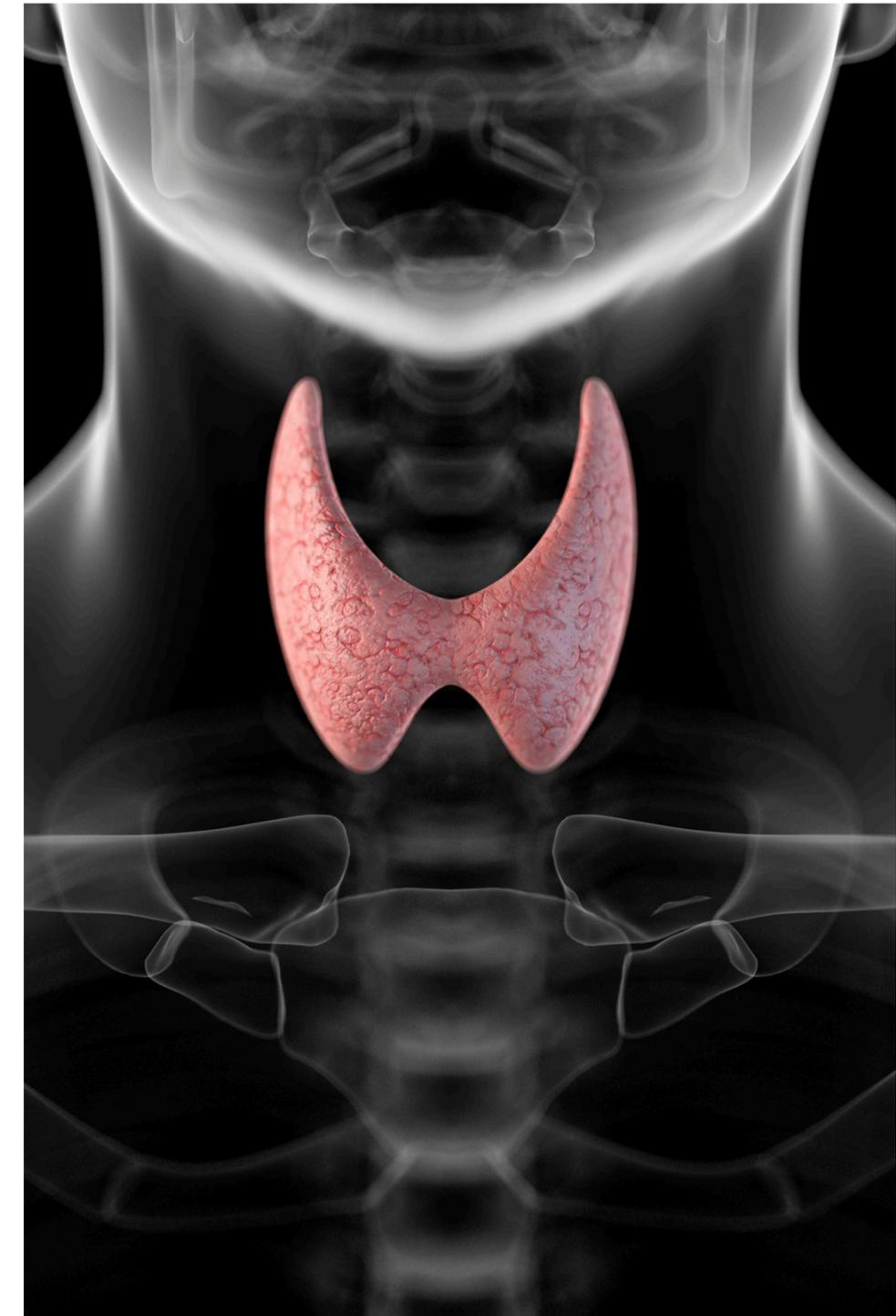
康体霜中的有效成分能够渗透皮肤深层，作用于淋巴管，促进淋巴液的流动。
The active ingredients in the body cream can penetrate deep into the skin, act on the lymphatic vessels, and promote the flow of lymphatic fluid.

刺激作用 Stimulation effect

康体霜中的天然植物精华能够刺激淋巴系统，增强淋巴细胞的活性，提高淋巴代谢能力。
The natural plant extracts in the body cream can stimulate the lymphatic system, enhance the activity of lymphocytes, and improve lymphatic metabolism.

排毒作用 Detoxification effect

康体霜能够促进淋巴液中的有害物质排出，减少体内毒素的积累，有助于改善皮肤问题和身体健康。
The body cream can promote the elimination of harmful substances in the lymphatic fluid, reduce the accumulation of toxins in the body, and help improve skin issues and overall health.



助力排毒，保持身体健康

Supports detoxification and helps maintain overall health.

促进淋巴循环 Promote lymphatic circulation

康体霜的按摩作用可以促进淋巴循环，有助于排出体内毒素和废物。

The massaging effect of the body cream can enhance lymphatic circulation and help eliminate toxins and waste from the body.

缓解水肿 Relieve edema

通过按摩和康体霜的助力，可以有效缓解因循环不畅引起的水肿现象。

Through massage and the support of the body cream, edema caused by poor circulation can be effectively relieved.

提高免疫力 Boost immunity

排毒有助于减轻身体负担，提高免疫力，从而保持身体健康。

Detoxification helps reduce the burden on the body and boost immunity, thereby maintaining overall health.



颈部美颈呵护，打造优雅颈部线条

Neck care for a graceful neckline, creating elegant neck contours.

深层滋养颈部肌肤 Deeply nourish the skin of the neck.

01

康体霜中的活性成分能够渗透至颈部肌肤深层，为肌肤提供充足的营养和水分，改善颈部肌肤干燥、粗糙等问题。

The active ingredients in the body cream can penetrate deep into the neck skin, providing ample nutrition and moisture, and improving issues such as dryness and roughness.

提升颈部肌肤弹性 Enhance the elasticity of the neck skin

02

康体霜具有提升颈部肌肤弹性的作用，有助于打造紧致、平滑的颈部线条，使颈部更加优雅、年轻。

The body cream has the effect of enhancing the elasticity of the neck skin, helping to create firm and smooth neck contours, making the neck more elegant and youthful.

预防颈部皱纹产生 Prevent the formation of neck wrinkles

03

康体霜中的抗氧化成分有助于对抗自由基，延缓颈部肌肤老化，预防颈部皱纹的产生，保持颈部肌肤的年轻态。

The antioxidant ingredients in the body cream help fight free radicals, slow down the aging of the neck skin, prevent the formation of neck wrinkles, and maintain a youthful appearance of the neck.

刺激女性荷尔蒙，提升生活质量

Stimulate female hormones and enhance quality of life

01 刺激荷尔蒙分泌 Stimulate hormone secretion

康体霜中的特定成分能够刺激女性体内荷尔蒙的分泌，有助于提高女性的性欲和性满足感，从而提升生活质量。

Specific ingredients in the body cream can stimulate hormone secretion in women, helping to increase sexual desire and satisfaction, thereby enhancing quality of life.

02 改善情绪状态 Improve mood

荷尔蒙水平的平衡与女性的情绪状态密切相关。康体霜的使用有助于调节荷尔蒙水平，进而改善女性的情绪，减轻焦虑和压力。

Hormone balance is closely related to a woman's emotional state. The use of the body cream can help regulate hormone levels, thereby improving mood and reducing anxiety and stress.

03 促进夫妻和谐 Promote marital harmony

康体霜在提升女性生活质量的同时，也有助于增进夫妻间的感情和谐，提高性生活的满意度。

The body cream not only enhances women's quality of life but also helps foster harmony between spouses and increase satisfaction in sexual life.

调节内分泌，改善女性生理状况

Regulate endocrine function and improve women's physiological condition.

调节月经周期 Regulate the menstrual cycle

康体霜中的某些成分具有调节女性内分泌的作用，能够帮助调整月经周期，缓解月经不规律、痛经等问题。

Certain ingredients in the body cream have the effect of regulating female endocrine function, helping to adjust the menstrual cycle and relieve issues such as irregular menstruation and menstrual pain.

改善更年期症状 Relieve menopausal symptoms

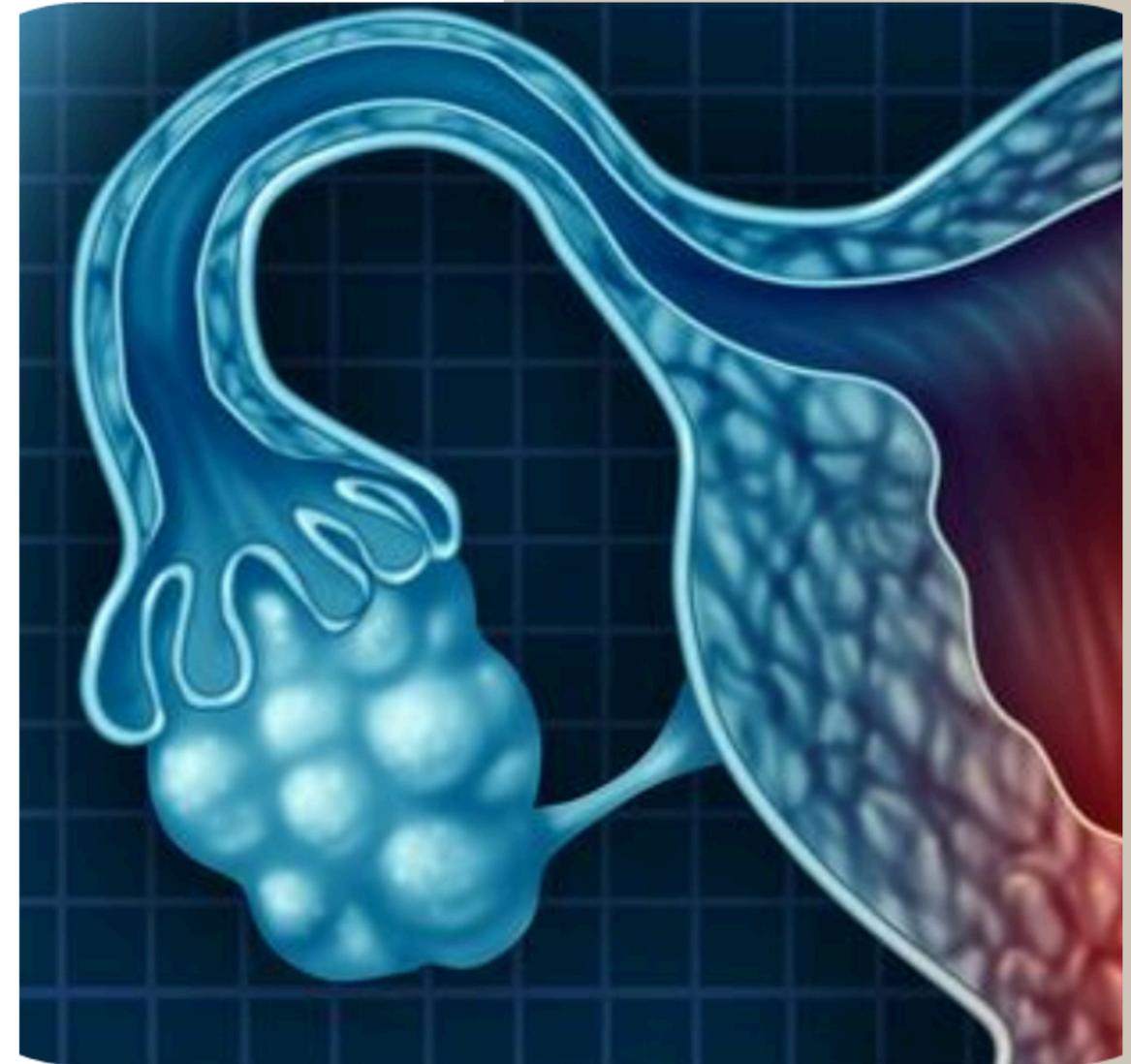
对于进入更年期的女性，康体霜的使用有助于缓解潮热、盗汗、心悸等更年期症状，提高生活质量。

For women entering menopause, the use of the body cream can help relieve symptoms such as hot flashes, night sweats, and palpitations, thereby improving quality of life.

预防妇科疾病 Prevent gynecological diseases

通过调节内分泌，康体霜还能在一定程度上预防乳腺增生、子宫肌瘤等妇科疾病的发生。

By regulating endocrine function, the body cream can also help prevent gynecological conditions such as mammary gland hyperplasia and uterine fibroids to a certain extent.



让身体由内到外焕发年轻态

Revitalize the body from the inside out, restoring a youthful state.

04

延缓衰老 Delay aging

康体霜中的抗氧化成分能够清除自由基，延缓细胞衰老，使身体保持年轻态。

The antioxidant ingredients in the body cream can eliminate free radicals, delay cellular aging, and help the body maintain a youthful state.

05

紧致肌肤 Firm the skin

康体霜还能够促进胶原蛋白的合成，增强肌肤弹性和紧致度，减少皱纹和松弛现象的出现。

The body cream can also promote collagen synthesis, enhance skin elasticity and firmness, and reduce the appearance of wrinkles and sagging.

06

改善气色 Improve complexion

通过使用康体霜，身体内部环境得到改善，进而使肌肤呈现出健康的光泽和红润的气色，让人看起来更加年轻有活力。

By using the body cream, the internal condition of the body is improved, which in turn gives the skin a healthy glow and rosy complexion, making one appear more youthful and energetic.

修复受损细胞，助力细胞再生

Repair damaged cells and support cell regeneration.

促进细胞再生 Promote cell regeneration

康体霜还可刺激细胞再生，加速伤口愈合和组织修复过程，使皮肤、肌肉等组织恢复弹性和光泽。
The body cream can also stimulate cell regeneration, accelerate wound healing and tissue repair, and help restore elasticity and radiance to the skin, muscles, and other tissues.

抗炎作用 Anti-inflammatory effect

康体霜具有一定的抗炎作用，能够减轻炎症反应，缓解炎症引起的红、肿、热、痛等症状，有助于受损细胞的修复和再生。

The body cream has certain anti-inflammatory effects, which can reduce inflammatory responses and relieve symptoms such as redness, swelling, heat, and pain caused by inflammation, helping repair and regenerate damaged cells.

修复受损组织 Repair damaged tissues

康体霜中的修复因子能够识别并修复受损的细胞和组织，恢复其正常功能，减轻疼痛、肿胀等不适症状。

The repair factors in the body cream can identify and repair damaged cells and tissues, restore their normal functions, and alleviate discomfort such as pain and swelling.

修复肌肤松弛，重现肌肤紧致

Repair skin laxity and restore skin firmness

刺激胶原蛋白生成 Stimulate collagen production

康体霜能够刺激皮肤胶原蛋白的生成，增强肌肤的弹性和紧致度，使肌肤更加饱满、有弹性。
The body cream can stimulate collagen production in the skin, enhance its elasticity and firmness, and make the skin fuller and more resilient.

改善肌肤松弛现象 Improve skin laxity

长期使用康体霜，可以有效改善肌肤松弛现象，使肌肤恢复紧致、有弹性的状态，重现年轻光彩。
Long-term use of the body cream can effectively improve skin laxity, restore firmness and elasticity, and bring back a youthful glow.

修复受损肌肤组织 Repair damaged skin tissues

康体霜中的修复成分能够深入肌肤底层，修复因各种原因受损的肌肤组织，提高肌肤的自我修复能力。
The repair ingredients in the body cream can penetrate deep into the skin, repair damaged skin tissues caused by various factors, and enhance the skin's self-repair ability.

促进皮肤吸收，提高身体循环效率

Promote skin absorption and improve circulatory efficiency

01 增强皮肤渗透性 Enhance skin permeability

康体霜的特殊成分能够增强皮肤的渗透性，使其他护肤品的营养成分更易被吸收。

The special ingredients in the body cream can enhance skin permeability, allowing the nutrients from other skincare products to be more easily absorbed.

02 改善微循环 Improve microcirculation

康体霜的使用可以促进皮肤微循环，增加血液流动，从而提高身体循环效率。

Using the body cream can promote skin microcirculation and increase blood flow, thereby improving overall circulatory efficiency.

03 滋养肌肤 Nourish the skin

通过促进皮肤吸收，康体霜能够为肌肤提供更多养分，使其保持健康光泽。

By promoting skin absorption, the body cream can provide the skin with more nutrients, helping it maintain a healthy and radiant appearance.

按摩放松，舒缓身体紧张状态

Massage to relax and relieve bodily tension

1

深层组织按摩 Deep tissue massage

康体霜的质地和成分使其成为理想的按摩介质，有助于深入肌肉组织，放松紧绷的肌肉。

The texture and ingredients of the body cream make it an ideal medium for massage, helping to penetrate deep into muscle tissues and relax tense muscles.

2

缓解疲劳 Relieve fatigue

通过按摩，康体霜能够帮助缓解身体疲劳，使人在忙碌一天后得到放松。

Through massage, the body cream can help relieve body fatigue, allowing one to relax after a busy day.

3

改善睡眠质量 Improve sleep quality

使用康体霜进行睡前按摩，有助于舒缓神经系统，提高睡眠质量。

Using the body cream for a bedtime massage can help soothe the nervous system and improve sleep quality.

增强人体免疫力，抵御疾病侵袭

Enhance the body's immunity and resist disease invasion

刺激免疫系统 Stimulate the immune system

康体霜中的某些成分能够刺激人体免疫系统，提高免疫细胞的活性和数量，从而增强人体免疫力。

Some ingredients in the body cream can stimulate the immune system, increasing the activity and number of immune cells, thereby enhancing the body's immunity.

抗菌抗病毒 Antibacterial and Antiviral

康体霜还具有一定的抗菌抗病毒作用，能够帮助身体抵御外界病原体的侵袭，预防感染性疾病的发生。

The body cream also has certain antibacterial and antiviral properties that help the body resist external pathogens and prevent infectious diseases.

调节免疫平衡 Regulate immune balance

康体霜还能够调节人体免疫系统的平衡，避免过度免疫反应或免疫不足的情况发生，有助于维持身体健康。

The body cream can also regulate the balance of the immune system, preventing excessive or insufficient immune responses, and helping to maintain overall health.

康体霜塑形原理阐述

Explanation of the body-shaping principles of the body cream

刺激脂肪代谢 Stimulate fat metabolism

康体霜中的特殊成分能够刺激局部脂肪代谢，加速脂肪的分解和消耗，从而减少脂肪堆积，塑造身体线条。

The special ingredients in the body cream can stimulate local fat metabolism, accelerate the breakdown and consumption of fat, thereby reducing fat accumulation and shaping body contours.

改善肌肤质地 Improve skin texture

产品中的滋养成分有助于改善肌肤质地，使肌肤更加紧致有弹性，进一步提升塑形效果。

The nourishing ingredients in the product help improve skin texture, making the skin firmer and more elastic, further enhancing shaping effects.

促进血液循环 Promote blood circulation

康体霜还能促进血液循环，帮助身体排出多余的水分和毒素，有助于消除水肿和减轻身体沉重感。

The body cream can also promote blood circulation, helping the body eliminate excess water and toxins, which aids in reducing swelling and relieving feelings of heaviness.



使用方法与步骤 Usage Method and Steps

清洁皮肤 Cleanse the skin

使用康体霜之前，应确保皮肤干净，建议先洗个澡或用温水和清洁剂彻底清洁需要涂抹的部位

Before using the body cream, ensure the skin is clean. It is recommended to take a shower or thoroughly cleanse the areas to be applied with warm water and a cleanser.

涂抹适量 Apply an appropriate amount

根据涂抹面积的大小，取适量康体霜于掌心或指尖，涂抹于大椎、颈部、手臂内侧、胸部、腹部、腹股沟、大腿内侧、腰部两侧，轻柔按摩至完全吸收。

Depending on the size of the area to be applied, take an appropriate amount of the body cream in the palm or fingertips and apply it to the Dazhui, neck, inner arms, chest, abdomen, groin, inner thighs, and sides of the waist. Gently massage until fully absorbed.

持续使用 Continuous use

因个体差异，使用量也不同，一般情况下，每个部位约3-5g，一次/天。针对个人调理情况不同，着重调理部位可适当加量使用，但每天的使用量不超过25g

Due to individual differences, the amount used may vary. Generally, apply about 3-5g per area, once per day. Depending on personal treatment needs, additional amounts can be applied to targeted areas, but the total daily usage should not exceed 25g.



康体霜按摩手法

Massage Techniques for the body Cream



1. 取适量平衡霜涂抹于颈部两侧，双手四指在颈部打圈按摩或由上往下按摩，至乳霜完全吸收即可。

1. Take an appropriate amount of cream and apply it to both sides of the neck. Use the four fingers of both hands to massage in circular motions or from top to bottom until the cream is completely absorbed.



2. 取平衡霜适量涂抹于臂肥胖内侧，手掌高，手掌在手臂打圈按摩或由上往乳房部位按摩，至乳霜完全吸收。

2. Take an appropriate amount of cream and apply it to the inner side of the arms. Keep your palm high, and massage the arm in circular motions or from top to bottom toward the breast area until the cream is completely absorbed.



3. 取适量平衡霜涂抹于乳房皮肤，用提升手法由下往上提升按摩，至霜完全吸收即可。若要加强功效重复按摩即可。

3. Take an appropriate amount of cream and apply it to the breast skin. Use lifting motions from the bottom up to massage until the cream is completely absorbed. For enhanced results, repeat the massage.



4. 取适量平衡霜涂抹腹部皮肤，双手掌在腹部打圈或着往上按摩，至霜完全吸收即可。

4. Take an appropriate amount of cream and apply it to the abdominal skin. Use both palms to massage in circular motions or upward until the cream is completely absorbed.



5. 取适量平衡霜涂抹于大腿内侧打圈按摩或上下按摩至霜完全吸收即可。

5. Take an appropriate amount of cream and apply it to the inner thighs. Massage in circular motions or up and down until the cream is completely absorbed.



6. 取适量平衡霜涂抹于臀部腰部上方，打圈及上下按摩至霜完全吸收即可。

6. Take an appropriate amount of cream and apply it to the upper part of the buttocks and waist. Massage in circular motions and up and down until the cream is completely absorbed.